

# WELLNESS CONNECTION

Syracuse VA Health Care System  
Monthly Newsletter



## America the Beautiful National Park Pass for Military Members and their Families

### Pass Covers:

- Your ticket to more than 2,000 federal recreation sites
- Entrance and standard fees at:
  - National Parks
  - National Wildlife Refuges
- Driver and passengers in a personal vehicle (up to 4 adults at sites that charge per person)



### The following U. S. military members and dependents are eligible:

- Army
- Navy
- Air Force
- Marines
- Coast Guard
- Reserve and National Guard members
- Gold Star Families with a valid Gold Star Family Voucher
- U.S. military Veterans with a valid Veteran ID



### Plan Your Visit Here:

<https://www.nps.gov/planyourvisit/passes.htm>

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# WELLNESS CONNECTION MONTHLY NEWSLETTER

## Each Issue Features...

- Individuals
- Services
- Upcoming Events
- Wellness Articles
- Group & Class Offerings



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Brought to you by the Whole Health Team!